

LET'S TALK TODAY!

Dr. Dominique Pritchett, PsyD, LCSW

Licensed Therapist | Speaker | Consultant | Media Contributor



ABOUT

Dr. Dominique Pritchett is known as The #1 Self-Sabotage Therapist. She has been featured on in BBC London Radio, The New York Times, Yahoo News, WTMJ-TV, Carthage College, and more.

She is a licensed therapist, speaker, consultant and media contributor.

As an inspirational speaker, Dr. Dominique will engage, educate and empower your audience through thought-provoking stories and actionable steps to build healthier habits to transform their lives. Your audience will thank you for booking Dr. Dominique!

She has spoken at numerous corporations, educational institutions, conferences, and community organizations.

Dr. Dominique is the CEO and visionary of Beloved Wellness Center, a private mental health practice in Kenosha, Wisconsin.

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SPEAKING TOPICS

Sunrise & Success After Self-Sabotaging™

Self-sabotaging can present itself actively or passively. Through personal and professional thought-provoking stories, you will learn how to detect self-sabotaging thoughts and behaviors and walk away with strategies to rise up and position yourself for success.

Reclaiming Life After Gaslighting™

Do you smell gas? No, not that gas, let's talk about gaslighting which is a form abuse making you question your sanity. Learn the signs, gaslighter's techniques, it's impact on mental health, and how to it can take over your life. After, you will be able to identify actionable steps to reclaim your life after gaslighting.

The Art of Coping™

Life can give you the good, bad and ugly! Through this interactive discussion, we will apply my signature COPE Method™ to identify barriers to healthy coping and learn real-time mindset strategies to manage life's challenges targeting various areas of wellness.

AS SEEN ON:

BBC RADIO
LONDON

The New York Times

YAHOO!
NEWS

WTMJ-TV
MILWAUKEE

91.1 FM
WGTD
Your Gateway to Public Radio

CARTHAGE
COLLEGE

94.1
KPFA

KENOSHA NEWS

CARROLL
UNIVERSITY

THE ASPIRE
PROGRAM

LIHF
Lifecourse Initiative
for Healthy Families
Kenosha

WIPPS
WISCONSIN INSTITUTE for
PUBLIC POLICY and SERVICE

BOOK ME AS: KEYNOTE, TRAINER, WORKSHOP FACILITATOR, PANELIST