

LET'S TALK TODAY!



Dr. Dominique Pritchett, PsyD, LCSW

Therapist | Speaker | Mental Wellness Consultant | Media Contributor

ABOUT

Dr. Dominique Pritchett is a therapist, speaker, mental wellness consultant and media contributor.

She is known as the #1 Self-Sabotage Therapist™ and has been featured on BBC London Radio, Shondaland, The New York Times, Women's Health Magazine, The Morning Blend, TMJ4-TV, various podcasts, and more. Also, she is the curator of the Ask a Therapist Tour™.

As an inspirational speaker, Dr. Dominique will engage, educate and empower your audience through thought-provoking stories and actionable steps using her signature B.L.O.O.M. Strategy™. Your audience will thank you for booking her!

She has spoken at numerous corporations, educational institutions, conferences, and community organizations.

Dr. Dominique is the CEO at Beloved Wellness Center, a private mental health practice in Kenosha, Wisconsin.

CONTACT

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SPEAKING TOPICS

Officially Unsabotaged™

Self-sabotage can present itself consciously and unconsciously. Through thought-provoking stories, you will learn how to detect self-sabotaging thoughts and behaviors and walk away with actionable strategies to position yourself for success.

Reclaiming Life After Gaslighting™

Learn the signs, gaslighter's techniques, it's impact on mental health, and how to it can take over your life. After, you will be able to identify how to self-advocate and reclaim your sanity after gaslighting.

Burnout to Breakthrough™

Life can give you the good, bad and made pretty! Through this interactive conversation, you'll learn how to apply Dr. Dominique's signature B.L.O.O.M. Strategy™ to identify, challenge and reframe burnout to manage life's challenges.

AS SEEN ON: shondaland

The New York Times

BBC RADIO
LONDON

YAHOO!
NEWS

WILE Women In Leadership
Development and Empowerment
TOGETHER FOR BETTER COMMUNITIES

TMJ4

the
morning
BLEND

CARTHAGE
COLLEGE

KENOSHA NEWS

RAMSEY COUNTY

94.1
KPFA

CARROLL
UNIVERSITY

THE ASPIRE
PROGRAM

LIHF
Lifecourse Initiative
for Healthy Families
Kenosha

91.1FM
Your Gateway to Public Radio
WGTD

BOOK ME AS A KEYNOTE, CONSULTANT, TRAINER, WORKSHOP FACILITATOR, PANELIST